



Striving for the highest level of care

How to get the best out of your RA treatment

Icon Array discussion aid

abbvie

This aid has been developed by a group of expert rheumatologists and patient representatives, as part of the EVEREST initiative, to help patients with rheumatoid arthritis manage their condition, and does not replace medical examination and/or advice. Please reach out to your doctor if you need any help with managing your rheumatoid arthritis.

ABBV-IE-00078-MC
V1.0 Approved: April 2024



How to get the best out of your RA treatment

Icon Array discussion aid

Rationale:

To help your patients visualize the chances of achieving a benefit, or experiencing a serious AE (or specific AE of interest), across RA treatment options

How the tool works:

This tool is an interactive work mat to be used digitally on PowerPoint (separate printout version also available)

1. Find out the % of patients who achieve LDA or remission (or any specific benefit), using the relevant drug label in your country (include the time period if applicable)
2. Find out the % of patients who experience a serious AE (or specific AE of interest), using the relevant drug label in your country (include the time period if applicable)
 - Note down types of serious AE to consider (if applicable)
3. Color in or circle the number of people out of 100 who experience the benefit (blue) or AE (red) for the drug of interest
 - Further guidance on how to color or circle the icons can be found in the “Notes” section of this slide
4. Discuss with your patient the likelihood of them experiencing the selected benefit or AE, using the aids to visually communicate the probabilities
 - You should ensure your patient understands that the estimations are based on population-level data and therefore cannot predict exactly how an individual patient will respond to a drug
5. You may wish to use multiple copies of the aid to compare different treatment options
6. File the aid either physically or electronically so you can refer back to it at future visits



You can learn more about icon arrays here: <https://iconarray.com/about>

An online icon array (not affiliated with AbbVie) is also available to use here: <https://iconarray.com/>

Disclaimer: Please note that AbbVie is not responsible for the accuracy or reliability of any external resources

AE, adverse event; LDA, low disease activity; RA, rheumatoid arthritis



Color in or circle the number of people out of 100 who experience the benefit (blue) or adverse event (red) for the drug of interest

The estimated number of people out of 100 expected to experience an improvement in their RA, or an adverse event, over (add time period)

Name of Treatment

Benefit



(add number) people like you will achieve:

___ Remission

___ Low disease activity

___ Other benefit:

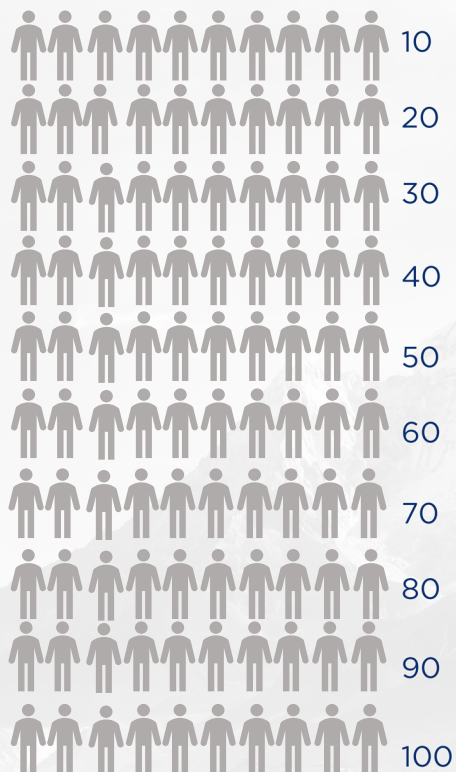


(add number) people like you will **NOT** achieve:

___ Remission

___ Low disease activity

___ Other benefit:

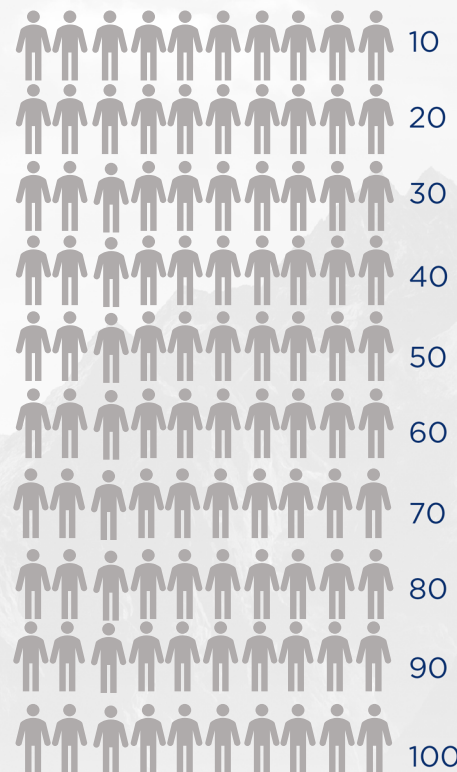


(add number) people like you will experience a serious AE^a, or a specific AE of interest:



(add number) people like you will **NOT** experience a serious AE, or a specific AE of interest:

Types of serious AE to consider:



Adverse Event

Disclaimer: The risks and benefits of a particular treatment are dependent on the characteristics of the individual patient, and therefore may not predict how an individual patient may respond to a treatment

AE, adverse event; RA, rheumatoid arthritis

^aAn adverse reaction that results in death, is life-threatening, requires hospitalization or prolongation of existing hospitalization, results in persistent or significant disability or incapacity, or is a birth defect¹

1. Serious adverse reaction. Available at: <https://www.ema.europa.eu/en/glossary/serious-adverse-reaction> (last accessed: November 2022)